

PeopleSense is here for you, your family and your counselling needs.

- $\langle \rangle$ FREE, professional counselling from qualified psychologists.
- Gain practical strategies to help any personal or work-related issues.
- $\langle \rangle$ 100% private and confidential.
- Accessible face-to-face or remotely via telephone or internet video.
- Available 24/7/365 for emergency crisis counselling.

To find out more, please contact your HR representative or Line Manager.















