

360Health Virtual Care

Did you know you and your family have access to a wide range of virtual health care services? The services are confidential and can be accessed any time.

We have partnered with MetLife and Teladoc Health, to give you access to a range of virtual health services.



What is it?



Offering you, your partner and your children confidential access to leading world specialists, general practitioners (GP)/doctors and mental health clinicians to assist you with gaining greater confidence and clarity on medical concerns.

This service is provided at no extra cost to you.

What services can I access?



Offering a range of services including:

Medical

- Medical opinions from global experts and specialist doctors who will review your medical files to provide their clinical opinion and treatment recommendations.
- Ask a question and have your question answered from a GP or Paediatrician within 24 hours.

Mental Health

- Book an in-depth review
- Ask a Mental Health question and receive a response from an expert within 24 hours.

Nutrition

- Book a nutrition consultation with a Dietitian.

Fitness and Recovery

- Seek advice and a personalised plan from an Exercise Physiologist to help with fitness or recovery.

How do I use it?



To register for 360Health Virtual Care, please:

Visit 360healthvirtualcare.com



Download the app



Or call 1800 325 578

You will need your access code to use the service:



Learn more by calling **1800 325 578** or visiting **360healthvirtualcare.com**

metlife.com.au

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